Into the Mysteries







Tulum Mexico Retreat - Program

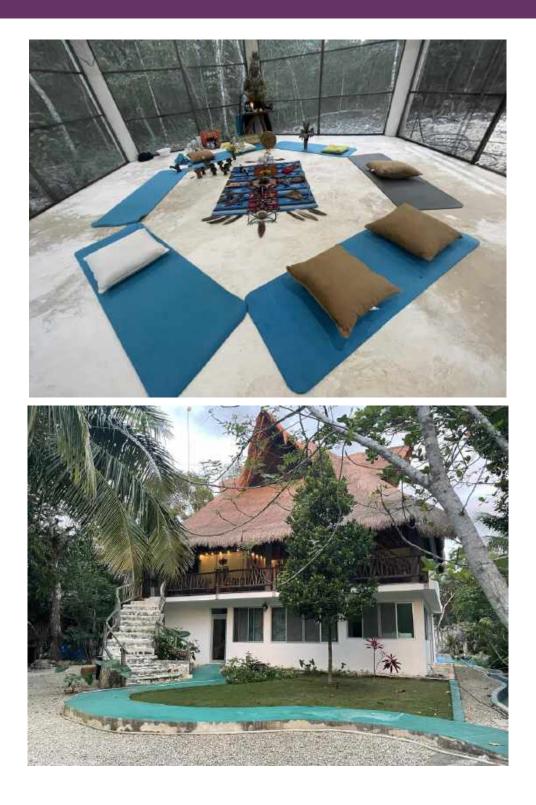
April 12-23

NGH Hypnosis Certification

Led by Peter Blum

Yoga by Corinne Gervai & Guided by Dror Ashuah

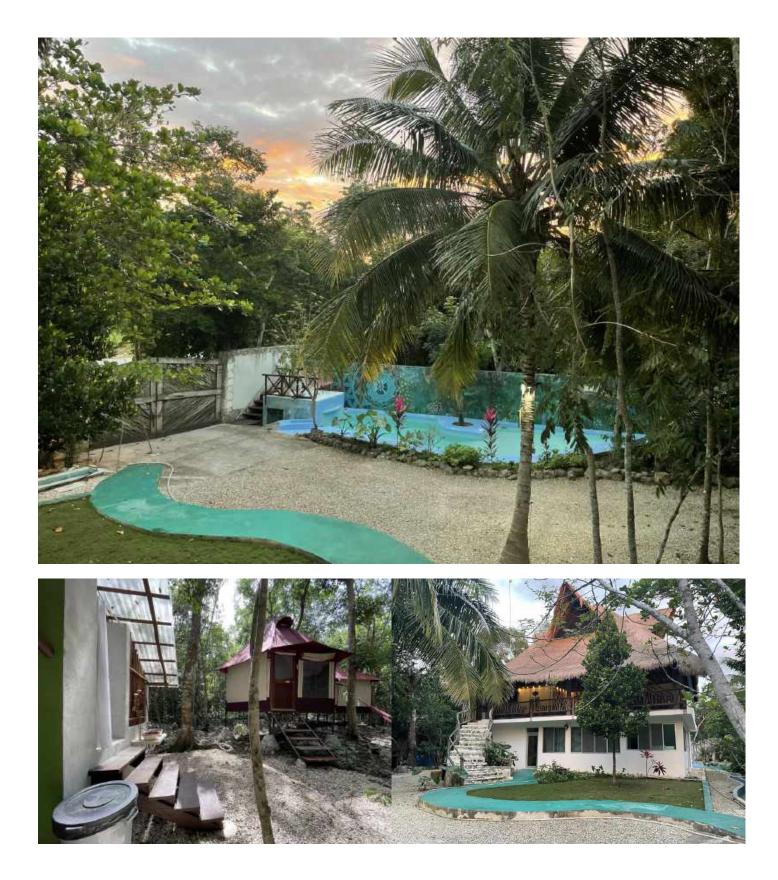
Hypnosis, Yoga, Amazing sites, Cenotes, Beautiful Beaches

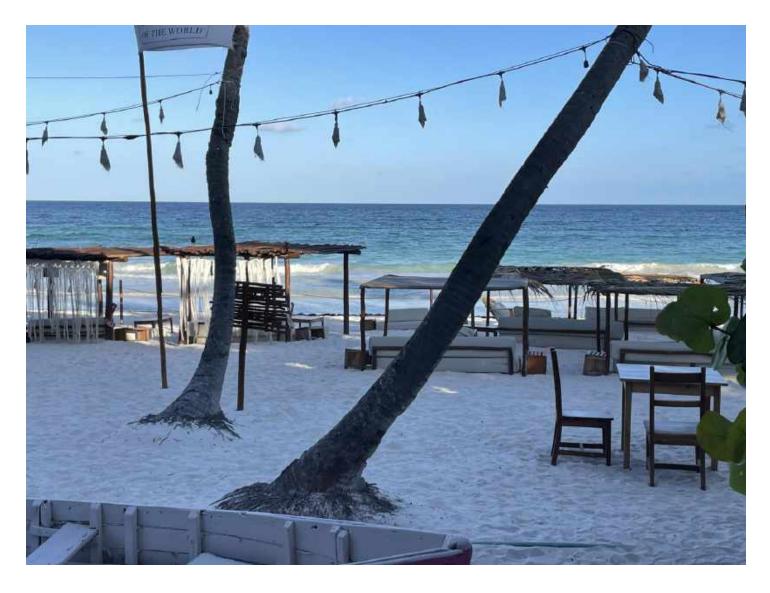












Hypnosis, Yoga, Amazing Sites, Cenotes, Beautiful Beaches.

We are very excited about the Hypnosis certification Retreat to Tulum, Mexico! The retreat will award you two certifications, giving you the tools and credentials to work as a Certified. Hypnotist: (1) a certificate from the National Guild of Hypnotists, the largest Hypnosis organization in the world (2) The Coyote's Institute Department of Hypnotic Studies led by Dr. Lewis Mehl-Madrona, Peter Blum, and Barbara Maingud. You are receiving this because you expressed interest in joining. We genuinely hope you do since it will be powerful and unique! We are limiting it to a small number of participants, so it will be first come, first serve. If you are ready to join, please let us know as soon as possible to ensure your spot! This is intentionally an intimate Retreat, so space is minimal. The trip will take place on Friday, April 12th, 2024 arrival, and end on Monday, April 23rd, 2024.

The trip will end on the pink Full moon, adding a magical touch to this beautiful Jungle & Beach adventure!

The trip will include accommodations in a double-four-person occupancy super special glamping tent in the beautiful, lush Jungle of Tulum, MX.

If you are traveling with a beloved family member/s or a close friend/s, we will try to have you stay together.

If you need a room for yourself, please reach out to discuss that option, which we can accommodate at an additional charge.

Trip includes:

Accommodations, 2-4 person occupancy.

Daily Yoga, led by Corinne, and gatherings, led by Dror and Corinne.

Several fun and exciting local excursions to the beach, villages, and natural water pools!

Sweat Lodge, Cacao Ceremony, and more.

3 Vegetarian (Vegan Options) meals a day, cooked by a private chef or arranged in a local Restaurant.

Trip from the Airport in Cancun, MX (if you plan to arrive in our window for pick up).

The trip does not include the following:

Airfare/travel to Cancun, MX from your home and back.

Spa treatments if you choose to have any.

Food that we have yet to plan in our pre-organized meals at the location or a restaurant.

Items you wish to purchase in the towns we visit.

Alcoholic beverages

Peter Blum has been an award-winning hypnotist and trainer for over 35 years. Peter views hypnosis as a spiritual art form. He has trained hundreds of students. This unique training offers a certification program from the largest hypnosis institution in the country, the NGH. (National Guild of Hypnotists) as well as immersing yourself in the Mayan jungle and experiencing the shamanic ancient process, bathing in one of the most renowned beaches in the world in the town of Tulum, and re-set your body with delicious vegetarian meals, yoga, meditation, walks, swimming, sun, and laughter.

Corinne is the founder and director of Euphoria Yoga in Woodstock, NY.

Corinne completed her year-long Teacher training at the Jivamukti Yoga School in New York City

in 2000 and taught there from 2000-2005,

when she moved full-time to Woodstock, NY.

After teaching at various studios locally, she opened Euphoria Yoga in 2009.

For more information on Corinne, press the link to her website below:

http://www.euphoriayoga.org/teacher-corinne.htm

Dror Ashuah is an internationally recognized inspirational speaker, intuitive, and channel. Dror Ashuah earned a master's in human development and psychology from Harvard University. His extensive worldwide travels, combined with studies in mysticism, crystals, and Shamanism, have contributed to his understanding of the messages about human consciousness.

For more information on Dror, press the link to his website below:

https://www.andsobeit.com/dror-b-ashuah

The trip costs \$3900 per person in a 2-4 occupancy beautiful Glamping tent with multiple bathrooms and showers. Double occupancy room in Main House \$4700 Single occupancy in the main house. Please reach out for details.

A deposit of \$500 is required to hold your spot.

Full trip details, letter of confirmation, and deposit info. It will be sent to you once you let us know you wish to embark on this journey.

I am grateful for your interest and trust this will be an extraordinary journey if you choose to be present!

Yours, Peter, Corinne & Dror.

Peter Blum 845-594-1209. <u>peterlblum108@gmail.com</u> <u>www.soundsforhealing.com</u> Corinne +1-845-399-6933 <u>info@euphoriayoga.org</u> <u>www.euphoriayoga.org</u> Dror <u>+1-917-322-9331</u> <u>dashuah@gmail.com</u> <u>www.v-hives.com</u>

Hypnosis Training Program

1) Friday April 12.

Cacao Ceremony

Folks arriving and getting settled.

1 p.m. Lunch 2:30 Intro circle

6:00 Dinner

8:00 Overview of training - setting intentions

Saturday April 13 2)

Tour at Inlakech Project

8 a.m. yoga Breakfast

10:30 What is hypnosis? Overview and underlying principles • Clarifying definitions and clearing up misconceptions • Presuppositions of an Ericksonian approach • Demonstration of induction 1:30 Lunch

3:00 Demonstration of importance of "setting" for healing ritual

6:00 Dinner

7:30 Demonstration of learning to read physiological signs of change of state

3) Sunday April 14

Tour Coba Pyramid 8 a.m. Yoga Breakfast

10:30 Pacing and leading - explanation and exercise • "artfully vague" and Precision (Meta) model • Demo of progressive relaxation induction • Students practice P.R. induction

1:30 Lunch

5:00 Watch video • Hypnotic language patterns demonstration and practice

7:00 Dinner

Monday April 15 4)

Beach lunch afternoon shopping

8 a.m. Yoga Breakfast

10:00 Go over intro form - importance of set up (pre-talk) • Eliciting and refining target state 6:00 Dinner

5) **Tuesday April 16** Visit to Azulik Museum

8 a.m. Yoga Breakfast 10:30 Stories and metaphors • Narrative trance work • Demonstrations and student practice 1:30 Lunch 3:00 Watch Erickson video 4:30 Discuss video • Q&A 6:00 Dinner 7:00 Hypnotic demo w/student subject

Wednesday April 17 6)

Sweat Lodge 8 a.m. Yoga Breakfast

2:30 Lunch

4:00 Teachings on ceremony and ritual as hypnotic events 7:30 Dinner

Thursday April 18 7)

Cenote visit and swim

8 a.m. Yoga Breakfast

10:30 Explanation of ideomotor signals • Demonstration of arm levitation • Students practice 1:00 Lunch

2:30 Listen to recording of session while reading transcript

3:30 Explanation of entrainment • Sonic Inductions • Demonstration of tuning forks - Basic tuners and Brain Tuners • Students practice w/tuning forks

6:00 Dinner in Tulum

8) Friday April 19 Visit Tulum Ruins Shopping

8 a.m. Yoga Breakfast 1:30 Lunch

3:00 Introduction to Neurolinguistic Programming • Representational Systems explanation • Exercise to identify rep systems • Review pacing and leading 6:00 Dinner

7:00 Sound meditation w/bowls

9) Saturday April 20

Beach dinner at La Zebra sound healing at the beach

8 a.m. Yoga Breakfast

10:30 More on entrainment • Shamanic journeying as hypnotic work • Group shamanic journey 1:00 Lunch

3:00 Watch Rossi video • Demonstration of content free work • Students practice 6:00 Dinner

10) Sunday April

Closing Ceremony fire circle sharing music

8 a.m. Breakfast 10:30 Yoga Demonstration w/student • Students practice w/each other

1:00 Lunch

2:30 Review specific applications: Smoking cessation, Weight loss, Pain management

4:00 Video Joseph Beautiful Painted Arrow

6:00 Dinner

7:30 Past life regression • Life Between Lives • Karmic Contracts and Soul Agreements

Monday packing breakfast. Going home . This who wish to stay for another few days are welcome to do so

Please speak to Host Dror Ashuah



